

Adult Learning

Getting started with NHS Apps



FREE COURSE

**Tuesday 8th September
2026**

**13:00 – 16:00
1 week**

**In
Penrith Methodist Church**

Led by our fully qualified
digital tutor

**This course will cover the following
topics:**

- NHS App core functionality
- Benefits of using the NHS App
- Troubleshooting with hints and tips
- Supporting individuals to develop their personal knowledge of the NHS App

ENROL NOW!

You can enrol on this course on our website from 3rd August 2026 at:

adultlearningcumbria.org

Search under the heading 'Digital'. You can then complete an online enrolment form. Or speak to one of the Penrith Adult Learning Team on

07468709606/01768 812103 or email

penrithadultlearning@westmorlandandfurness.gov.uk



Westmorland
& Furness
Council

Working for Cumberland Council and
Westmorland & Furness Council